



MARONITE COLLEGE OF THE HOLY FAMILY NEWSLETTER

23-25 Alice Street, Harris Park, 2150

Tel: 9633 6600 Fax: 9689 1662

Term 3 – Week 10: Friday 23rd September 2016

MESSAGE FROM THE PRINCIPAL – Sr Margaret Ghosn

We celebrated a special Mass to welcome the new College Leaders for the year ahead. They will be responsible for representing the College at major events and will be working as a team. As we see off term 3 I take this opportunity to thank all staff, students and parents who have worked and contributed in a positive way to this College Family. I wish you all a safe and blessed holiday break and will see you all once again for the final leg of our journey, in term 4!

Students return for Term 4 on Tuesday 11th October 2016 in their Summer uniform

Buy-A-Brick campaign - All money raised will help in building our new block. If you want your name engraved in the new building you need to purchase a brick. **Thank you to the following who purchased bricks:** Kindy Red (2 bricks), Homeroom 8B (3rd brick), Homeroom 8C (1 brick), Homeroom 7B (1 brick), Kindy Rose (1 brick), Homeroom 10A (1 brick)

DOING THE ROUNDS

We congratulate the College Leaders for 2017

Captains: Assad Faddoul & Natalie Haddad

Leaders: Danielle Aboukaram, Maria Attie, Brianna Azar, Mona Katrib, John Paul Laba, John Youssef

Assistant Leaders: Mary-Therese Anjoul, Danielle Fares, Matthew Matouk, Tia Semaan, David Touma, Charbel Youssef





Feeding the Parramatta homeless on 16/9/16. Students from Year 11 included Mona Katrib, Tia Semaan, Therese Anjoul, Briana Azar, Maria Attie. Staff included Sr Margaret, Mr Hassarati, Ms Carlos and Ms Khawaja. Yr 6 created and played their very own board games



End of Term Awards – in the Secondary Hall on 20/9/16





Mirath in Mind celebrated 5 years by awarding 12 of our past and present students with awards at Parliament House on 20/9/16. In attendance were Sr Margaret, Sr Irene, Ms Safi, Dollie Fares, Elijes Fares, Georgelle Fares, Justine Fares, Nicholas Fajloun, Clarita Fajloun, Yvonne Moussa (absent), Krystal Elias, Kayla Vasavalou, Elly Nassim, Theresa Abi Khattar and Roula Chedid.



CONGRATULATIONS

All Rounder Awards – Yr 7: Christina Kazzi, Tiana Khoury, Maria Boumelhem, Marina Akik, William Wehbe

Bronze award – Yr 10: Terasa Anjoul, Rene Aflak, Daniel Al-Chakty, Caroline Zaidan, Sophia Makdissi, Gabrielle Moujalli, Jenny Moussa, Tia Sahyoun, Rita Sassine, Charlie Yacoub

Silver Award – Yr 7: Chelsea Elias, Theresa Sassine, Natalia Gereij, Georgia Al Ekhtiyar Yr 10: Isabella Bou-Said, Christy El-Khoury, Youssef Faddoul, Anita Francis, Anthony Harb, Anthony Iskandar, Rebecca Massoud

Principal's award – Yr 7: Tiana Khattar

Congratulations to Debbie Doueih on winning the Under 12's 100m dash heat at the NSWCCC carnival on 16/9/16. Her time was 9th overall in the State, which is equivalent to making the 100m dash final in the Olympics.

PARENT CORNER



MCHF Movie Night

hosted by the
Parent Association



Friday 21 October 2016
7pm (Grass Area)

All Family members of
MCHF are welcome



Snacks
available



Bring your own rug

MCHF Wellbeing Conference: 'Support for Me and My Child' - The College's Parent Education and Support Network (PESN) is hosting a wellbeing conference to provide parents information on support services available to them and their children. The conference is in collaboration with MaroniteCare's Mental Health Month in October. The conference will be held Wed 26th October 2016 at 6:30pm in the Primary Hall. Various organisations will be present on the evening. For more information please contact Mr Elie Asmar at the College or email pesn@mchf.nsw.edu.au.

UPCOMING PESN WORKSHOPS AND SEMINARS

Topic	Date	Time	Location
Wellbeing Conference: 'Support for Me and My Child'	26/10/16	6:30pm	Primary Hall

From the PESN: 'Peer pressure and teenagers' - It is normal and healthy for young people to focus more on their relationships with peers than with their family; and one of the concerns your teenager may have is how to fit in among their social circle. For some teenagers, the thought of not fitting in can be overwhelming. You can help by encouraging your teenager to develop their own individuality and by teaching them to recognise the effects of peer pressure. Click on the link for more info

https://parents.au.reachout.com/Common-concerns/Everyday-issues/Peer-pressure-and-teenagers?utm_source=referralstrat&utm_medium=copydeck&utm_campaign=parents&utm_content=peerpressure

Interested in Joining the PESN Committee? The College is seeking interest from parents/guardians to join the PESN committee of 5-7 people commencing in 2017. The committee will work with the Public Relations Officer to organise educational seminars, events and workshops for the College community. If you are interested, email Mr Elie Asmar eamar@mchf.nsw.edu.au and provide a short description explaining your interest and what background experiences/skills/knowledge you have that can assist this committee.

Mon Cheri Laser & Beauty, Laser Hair Removal, Spray Tanning, Waxing, Facials, Cosmetic Injectables & Cosmetic Tattooing. We have an accredited Nutritionist, Health & Well Being Coach Rita Kalache, specialising in healthy weight loss plans and one on one consults. \$40 for Meal Plan Consultation & Free Start up Goodies Bag. Put Health First! Refer to our website www.moncherilaserclinic.com.au for more. All bookings/enquiries please call 98914446.

Cincotta Discount Chemist Harris Park, 82 Wigram Street, Harris Park 2150. Ph: 9635 9466. Open Mon-Fri 9am-9pm, Sat 9am-8pm, Sun 9am-6pm. Services include Medication Management, Webster packing, Blood pressure testing, Sleep apnoea solutions, Free local delivery - conditions apply.



Dates to remember - <http://www.mchf.nsw.edu.au/events/> If you would like to receive the e-newsletter email admin@mchf.nsw.edu.au W: <http://www.mchf.nsw.edu.au/> F: <https://www.facebook.com/mchfparramatta/>