



Maronite College of the Holy Family

Canteen Price List 2019

online ordering: www.quickcliq.com.au

O = Occasional Choose Wisely | E = Everyday | F = Fresh | HM = Homemade

Breakfast 7.45-8.30am

Plain Toast	E	\$2.00	
Pancakes (F, HM) syrup add 50c	E	\$1.00	
Cheese & Bacon / Cheese & Olive Roll	O	\$3.50	
Small Cereal Pack with Milk	E	\$3.00	
Yogurt & Granola or Muesli Cups	E	\$3.50	
Smoothies Banana or Berry	E	\$3.50	
Banana Bread	E	\$3.00	
Fresh Fruit Piece	E	\$1.00	
Fresh Single Fruit Cup	E	\$2.00	
Fresh Fruit Salad (F, HM)	E	\$4.50	\$5.50
Egg Roll	E	\$3.50	
Bacon Roll	O	\$3.50	
Bacon & Egg Roll	O	\$4.00	
Hot Chocolate	O	\$2.00	

Toasted Sandwiches

Cheese	E	\$3.50	
Ham & Cheese	E	\$4.00	
Ham, Cheese & Tomato	E	\$4.50	

Breakfast Meal Deals

Toasted Banana Bread Meal Deal	E	\$5.00	
Toasty Cheese Meal Deal	E	\$5.50	
Bacon & Egg Meal Deal	O	\$6.00	

Meal Deal comes with 300ml Oak

Sandwiches - By order Only

Jam/Vegemite/Honey	E	\$2.50	
Cheese OR Ham	E	\$3.00	
Ham, Cheese & Tomato	E	\$4.00	
Egg & Lettuce & Mayo	E	\$3.50	
Chicken, Lettuce & Mayo	E	\$4.50	
Tuna, Lettuce & Mayo	E	\$4.50	
Salad Sandwich	E	\$4.00	
Cheese & Salad	E	\$5.00	
Ham & Salad	E	\$5.00	

*extra fillings 50c each

Avocado extra \$1.00

White & wholemeal rolls are available extra .80c each

Salads

		<u>Small</u>	<u>Large</u>
Greek Salad (F, HM)	E	\$4.50	\$5.50
Tuna Pasta Salad (F, HM)	E	\$4.50	\$5.50
Chicken Ceasar Salad (F, HM)	E	\$4.50	\$5.50
Tuna Quinoa Salad (F, HM)	E	\$4.50	\$5.50
Tabouli (F, HM)	E	\$5.50	\$6.50

Extras

Bags for Lunch Orders	\$0.20
Extra Spoons and Forks	\$0.20
Tomato/BBQ Sauce	\$0.50
Extra Salad Dressings	\$0.50
Extra Sour Cream or Sweet Chili Sauc	\$0.50
Extra Salad Dressings	\$0.50

Burgers

Beef Burger (F)	E	\$5.50
Chicken Burger (F)	E	\$5.50
Chicken & Cheese Burger (F)	E	\$5.50
Warm Chicken Roll	O	\$5.00
Fish Burger	O	\$5.50

Hot Meals

Spaghetti Bol (F, HM)	E	\$4.50	\$5.00
Spaghetti Nap (F, HM)	E	\$4.00	\$5.00
Beef Lasagne (F, HM)	E	\$5.00	
Vegetarian Lasagne (F, HM)	E	\$5.00	
Mac & Cheese (F, HM)	E	\$5.00	
Sausage Roll	O	\$3.50	
Meat Pie	O	\$4.50	
Potato Pie	O	\$5.00	
Cheese & Spinach Roll	O	\$4.00	
Baked Chicken Nuggets - 4pk	O	\$3.00	
Baked Fish Fingers 4pk	O	\$3.00	
Fish Fingers/Nuggets single each	O	\$0.80	
Baked Sweet Chilli Chicken Tender	O	\$2.00	
Baked Spring Rolls 7pk	E	\$3.50	

Wraps (All wraps on Lebanese Bread)

		<u>Single</u>	<u>Double</u>
Chicken Ceasar Tender Wrap	E	\$3.00	\$5.50
Sweet Chilli Chicken Tender Wrap	O	\$3.00	\$5.50
Portugese Chicken Wrap (F, HM)	E	\$3.00	\$5.50
Falafel Wrap	E	\$3.00	\$5.50
Vegetarian	E	\$3.00	\$5.00
Yoghurt & Veggie (F, HM)	E	\$3.00	\$4.00

Healthy Packs - items may vary

Tuna, Brown Rice & Veggies	E	\$6.00
Grilled Chicken & Garden Salad	E	\$7.50
Crumbed or Fresh Fish & Garden S	E	\$7.50
Cheese, Veggie, Carrot & Fruit	E	\$5.00
Zaatar with Veggies & Yoghurt	E	\$5.00

NOTE

- * These items available to High School students only
- * Items may vary from time to time
- * Prices Subject to change without notice
- * Please ensure your child's name & class are clearly written on their bag with the correct money enclosed
- * Infants & Primary lunches are ONLY available via LUNCH ORDER
- * Lunch orders to be handed in BEFORE 8.45 am



DAILY SPECIALS

Monday

	<u>Small</u>	<u>Large</u>
Hokkein Noodle Stir Fry (F,HM) <i>E</i>	\$4.00	\$5.00
Chicken Bosciola (F,HM) <i>E</i>	\$4.00	\$5.00
Beef Shawarma Wrap (F,HM) <i>E</i>		\$5.50

Tuesday

Butter Chicken (F,HM) <i>E</i>	\$4.00	\$5.00
Wedges-sweet chilli / sour crea <i>O</i>	\$3.50	\$4.50
Shish Tawook Wrap (F,HM) <i>E</i>		\$5.50

Wednesday

Chicken Schnitz-Mash & Veggi <i>E</i>	\$4.50	\$6.00
Chicken Wings with salad (F,HI) <i>E</i>	\$4.50	\$6.00
Kafta Wrap (F,HM) <i>E</i>		\$5.50

Thursday

Chicken & Rice (F,HM) <i>E</i>	\$4.00	\$5.00
Mezza Pack (F,HM) <i>E</i>		\$8.00
Chicken Schnitzel Burger (F,HI) <i>O</i>		\$6.00

Friday

Fried Rice with Spring Rolls (F, <i>E</i>)	\$4.00	\$5.00
Loaded Baked Potatoes Skins <i>E</i>		\$5.00
Sushi - <i>E</i>		\$4.00

Teriyaki Chicken

Tuna & Avocado

Tuna & Cucumber

Salmon

Prawn

**Primary Meal
Deals \$7.00**

Monday

Small Noodles, Water, Mini Muffin & Fruit Piece

Tuesday

Sml Butter Chicken, Water, Corn Cup & Rice Sticks

Wednesday

Mini Kafta Wrap, Water, Fruit Piece & Popcorn

Thursday

Sml Chicken & Rice, Poppa, Fruit & Jelly Cup

Friday

Sushi, Water, Fruit Piece & Fruit Nuggets

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Drinks

Water	\$2.50
Oak 300ml Choc/Strawberry	\$2.50
Up & Go Chocolate/Strawberry	\$3.00
250ml Apple/Orange Juice Box	\$2.00
300ml Apple/Orange Juice Bottle	\$3.00
Juice Bomb - Apple/Raspberry	\$2.50
Glee Sparkling Fruit Juice	\$2.50
Chill J Sparkling Fruit Juice	\$2.50
Lemon & Mint Drink bottle	\$3.50
450ml Juice Orange/& Mango*	\$4.00
Oak Thick Chocolate/Vanilla*	\$4.00
Oak 500ml Flavoured Milk	\$4.00
Waterford's-Raspb/Mango/Berry*	\$4.00

Frozen Treats

Zooper Dooper/Quelch Sticks	\$1.00
Icy Poles- Rasp/Lemonade	\$2.00
Orange/Blackcurrant Icy Cups	\$2.00
Life Savers	\$2.50
Juicee Tubes	\$2.00
Dixie Cups	\$2.50
Yoghurt Twists	\$3.00
Milo Cups	\$3.50
Cookies & Cream Connoisseur*	\$4.00
Honeycomb Maxibon*	\$4.00
Oreo*	\$4.00

Snacks

Jelly Cups	O	\$1.00
Jelly & Custard Cups	O	\$2.00
Custard Cups	E	\$1.00
Corn Cups	E	\$1.00
Vegetable Cups	E	\$2.50
Carrot Sticks-Hummus/Yoghurt	E	\$2.00
Cheese & Crackers	E	\$2.50
Hummus & Crackers (F, HM)	E	\$2.00
Yoghurt & Crackers (F, HM)	E	\$2.00
Popcorn - Flavoured	E	\$1.50
Chips	O	\$2.00 \$3.00
Rice Sticks	O	\$1.00
JJs Snacks	O	\$2.00
Delites	O	\$1.00

Other items also available & vary from time to time

Available everyday - items may vary

Garlic Bread	O	\$1.00
Hash Brown	O	\$1.50
Corn Cob	E	\$1.00
Mini Pizza (HM)	E	\$1.00
Various Savoury Scrolls (F, HM)	E	\$1.00 \$2.50
Mini Pies	O	\$1.50
Veggie Rice Paper Rolls (F, HM)	E	\$2.50
Mini Salad Cups	E	\$2.50
Fruit Kebab Sticks	E	\$1.00

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