



# Maronite College of the Holy Family NEWSLETTER

23-25 Alice Street, Harris Park, 2150  
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**Term 4 - Week 5: Friday, 13<sup>th</sup> November 2020**

## MESSAGE FROM THE PRINCIPAL

As we journey towards the end of the term and the school year, I would like to personally thank all of you from the bottom of my heart for your generous donations throughout the year whether it be monetary or goods. Your donations have made a difference to the lives of the many who will benefit from them. The overwhelming generosity you have shown will never be forgotten. May our Lord bless you and your families and may you never encounter hardships.

Just a few reminders for parents regarding the hygiene of the students with the onset of the hot weather:

1. **Showering on a daily basis ensuring deodorant is applied after showering**
2. **Clothing is changed on a daily basis**
3. **Teeth are brushed every morning and night**
4. **Hair is washed and combed every day**
5. **Nails are trimmed weekly**
6. **Healthy lunches are provided for the students, avoid sweets and fizzy drinks**
7. **Water to be supplied daily to keep the students hydrated**
8. **Ensure students get enough sleep and plenty of exercise**

Sr Irene Boughosn  
PRINCIPAL



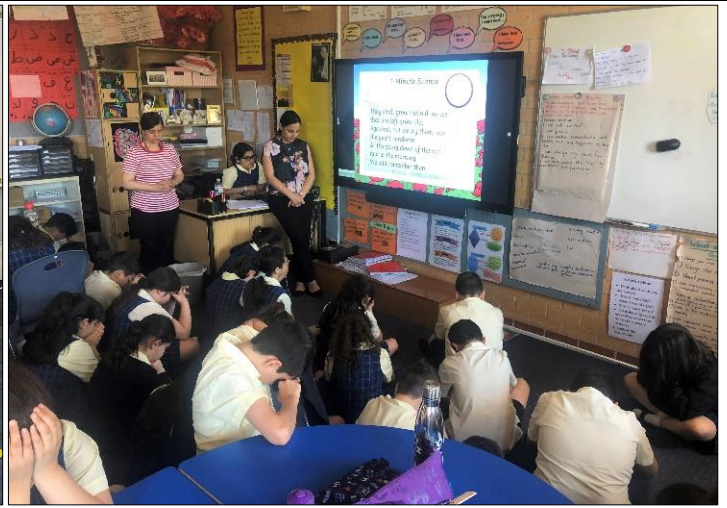
## MESSAGE FROM THE PRIMARY EXECUTIVE



### Remembrance Day

Remembrance Day in Australia commemorates the sacrifices of men and women during times of war. At the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month, one minute of silence is observed across the country to mark the final moment of the First World War when the guns on the Western Front fell silent. This day was originally known as Armistice Day. It was a day people stopped to recognise and honour the brave soldiers who fought for peace. This year, teachers and students commemorated this day with a special ceremony held in individual classrooms. It was dedicated to all those who had fought for our country to protect it from harm. Students reflected on the significance of this day by remembering all the men and women of the Australian Defence Force who made the ultimate sacrifice for the freedom we share today. **We will remember them.**





## Social Media

The use of Social Media and online safety has been discussed many times throughout the year. As we approach the longest break of the school year, I thought it would be timely to remind parents of the dangers associated with the online world. Technology is often an easy way to occupy a restless or bored child at home, but it is essential that all children are closely monitored when using any device, especially phones and iPads. Child safety whilst online and the effects the amount of screen time has on a child's wellbeing, are two important things to remember when allowing children to use technology.

The eSafety Commissioner recommends seven steps to assist children when entering the digital world so that any risk they may encounter can be minimised. These include:

1. Be involved
2. Work with your child to set boundaries for screen use
3. Be clear about the consequences of not switching off
4. Set device-free zones and times in the house
5. Ask your child to explain their screen use
6. Use tech tools to help manage access
7. Lead by example

Placing parental controls on any device children have access to can significantly reduce the risk of them



encountering inappropriate content when they are online. These controls are especially important for younger children. For further information, please visit [www.esafety.gov.au/parents](http://www.esafety.gov.au/parents)

### Feedback

Feedback is an important part of the teaching and learning process. This week I visited Kindy Red who were providing feedback to their fellow classmates. They discussed each other's work and shared the aspects they liked about it and the things they believed may help to improve it.



### Upcoming Primary Events

Week	Date	Event
6	Wednesday 18th November 2020	Year 3 First Reconciliation
	Friday 20th November 2020	Lebanon Independence Day
7	Tuesday 24 <sup>th</sup> November 2020	Year 6 Taster Day
	Thursday 26 <sup>th</sup> November 2020	Year 6 Rewards Day
	Friday 27 <sup>th</sup> November 2020	Year 6 Graduation Mass

**Mr D. Day**  
Head of Primary

## MESSAGE FROM THE SECONDARY EXECUTIVE

### Remembrance Day

On Wednesday 11<sup>th</sup> November, we participated in a Virtual Remembrance Day Service. The virtual service was organised by our HSIE Coordinator, Ms Esber-Dayoub, and led by our College Captains and Vice-Captains. We thank them for preparing and presenting the service which ensured that the message and importance of this day continued to be promoted and experienced.



God of love and liberty, we bring our thanks this day for the peace and security we enjoy, which was won for us through the courage and devotion of those who gave their lives in time of war. We pray that their labour and sacrifice may not be in vain, but that their spirit may live on in us and in generations to come. That the liberty, truth and justice which they sought to preserve may be seen and known in all the nations upon earth. This we pray in the name of the one who gave his life for the sake of the world, Jesus Christ our Lord. Amen.



### Conclusion of HSC Exams

This week Year 12 officially completed their schooling with the conclusion of HSC exams. We wish our Year 12

students all the very best as we wait for their results to be released next month.

### **Yearly Examinations**

Year 9 have concluded their exams this week. Year 7 and 8 students commenced their exams on Friday 13<sup>th</sup> November 2020 and will conclude Tuesday 17<sup>th</sup> November 2020.

### **Year 11 VET Construction Work Placement**

This week our Year 11 VET Construction class participated in their mandatory work placement. Students experienced working in the industry for the week. The College received overall positive feedback from the employers. Congratulations to the students!

### **Wellbeing Wednesday**

On Wednesday 11<sup>th</sup> November, we celebrated Wellbeing Wednesday. At MCHF, we promote the importance of wellbeing and mental health on a daily basis, but on our very special Wellbeing Wednesdays, everyone is encouraged to partake in various activities, starting with a complimentary breakfast organised by College Leaders. Staff and students enjoy their free breakfast to the sounds of relaxing music played over playground speakers. During recess and lunch, students are able to request their favourite (clean edit) songs. We have Volleyball matches and other ball games, chess and scrabble games, conga lines and other activities to promote a happy and positive atmosphere.



A free staff lunch is held on our rooftop, with a live band (our music students) playing mellow music that melts the stress away. Our aim is to promote a soothing environment and positive morale for our teachers. To end off our Wellbeing Wednesdays, students are given an evening of no homework – a perfect end to a relaxing day.

### **Emphasis on Presenting in a Professional Manner**

A reminder that the College is enforcing an emphasis on student uniform and grooming. We request from parents/guardians to support the College if it has any concerns regarding your child's uniform or grooming. We have been addressing students of the importance of presenting themselves in a professional manner and how it impacts their attitude and readiness for school each day.

### **Year 11, 2021 Enrolments**

A letter to Year 10 parents was sent out advising that face-to-face enrolment interviews will no longer be required to take place this year. All enrolment documentation has been completed by parents/guardians and will now be processed by the College. Confirmation of course selections and book lists will be issued to Year 10 students.

### **Year 10 Senior Taster Lessons**

Year 10 students will commence their senior taster lessons on Monday 16<sup>th</sup> November 2020. They will undertake these lessons every period 1 and 2 until Wednesday 25<sup>th</sup> November 2020. We hope that the students will benefit from these taster lessons.

### **All My Own Work**

Year 10 students will complete the All My Own Work modules on Thursday 26<sup>th</sup> November 2020. This is a compulsory task for students to complete in order to commence senior years.

### **Year 5 Transition to Secondary**

Year 5 Sapphire participated in their transition to secondary session on Monday 9<sup>th</sup> November 2020. Students



buddied with year 8 students and spent two periods in their classes. We thank the buddies who looked after the year 5 students and to the year 8 teachers who welcomed the year 5 students in their classes. All Year 5 students will have a final evaluation session on Wednesday 18<sup>th</sup> November 2020.

**Mr E Asmar**  
**Head of Secondary**

## DATES TO REMEMBER

- Friday 13<sup>th</sup> November to Wednesday 18<sup>th</sup> November – Years 7 and 8 Yearly Exams
- Wednesday 11<sup>th</sup> November – Years K-6 Remembrance Day Ceremony
- Wednesday 18<sup>th</sup> November – Year 3 First Reconciliation
- Friday 27<sup>th</sup> November – Year 6 Graduation
- Monday 30<sup>th</sup> November to Tuesday 1<sup>st</sup> December – Year 11 Leadership Camp
- Tuesday 8<sup>th</sup> December – Last Day for Students

## ★★★ CONGRATULATIONS ★★★

### All Rounder Awards:

- ★ Thomas Tannous, Jacob Massoud, Emmanuel Fares, Jowy Habak, Christian Sleiman, Sky Rizkallah, Anne-Marie Ibrahim, Georgia Wakim, Mary Elias, Alana Antonios (Kindy)
- ★ Tiana Nassar, Carlos Boumina, Alyssa Chehade (Year 1)

### Bronze Awards:

- ★ Elias Nachar, Jasmine Kalache, Michael Saba, Andrea Haddad, Anthony Fakhri (Year 1)

### Silver Awards:

- ★ Elizabeth Azzi, John Paul Bou Melhem, Ayoub Dayoub, Mary Merheb, Oliva Debs, Mariah Elia, Zachariah Cortese (Year 1)

### Principal's Awards:

- ★ Justin Chiha, Ava Melhem, Jacinta Sassine, Joseph Dababneh, Isaac Dahdah (Year 1)

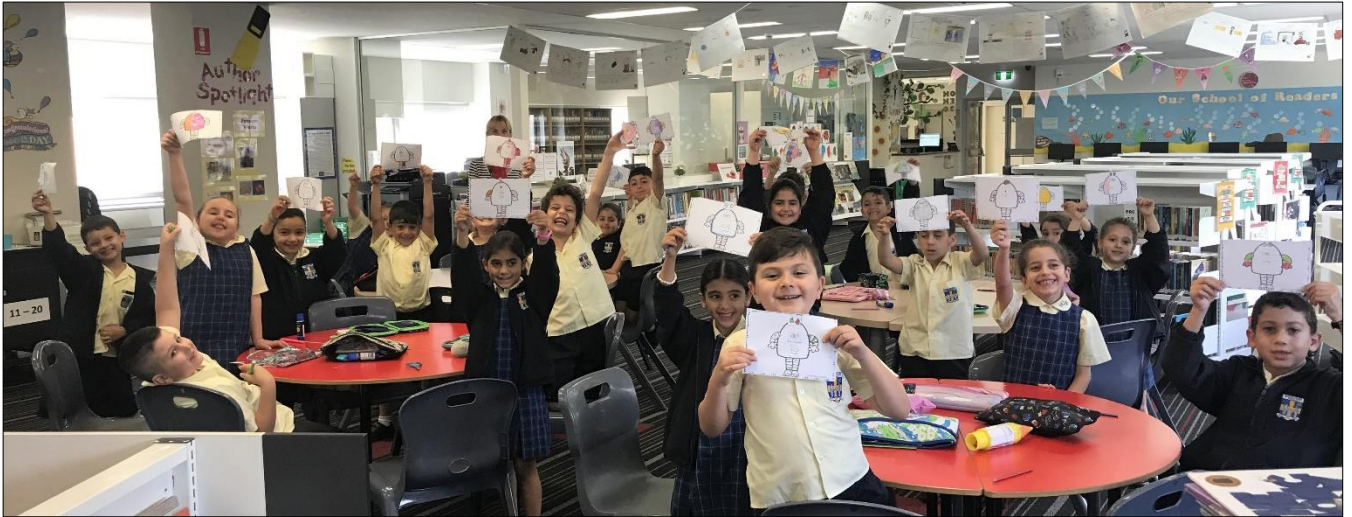
## THIS AND THAT

4 Amber students, Planning a Food Revolution for school canteens where students learn different subjects, such as Maths and Science, while maintaining a healthy lifestyle!





1 Gold creating curious creatures with Ms LeMerle!



During their Library Skills lesson, this week, Kindy White and Kindy Blue students made curious creatures and then made up stories about them ☺

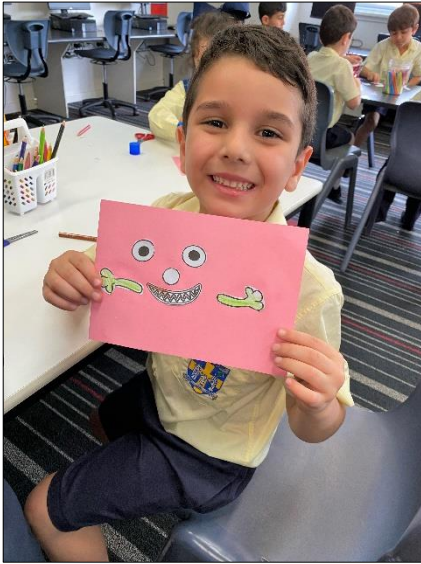


Miss Mourched and Year 6 learn about volume and capacity during Mathematics!

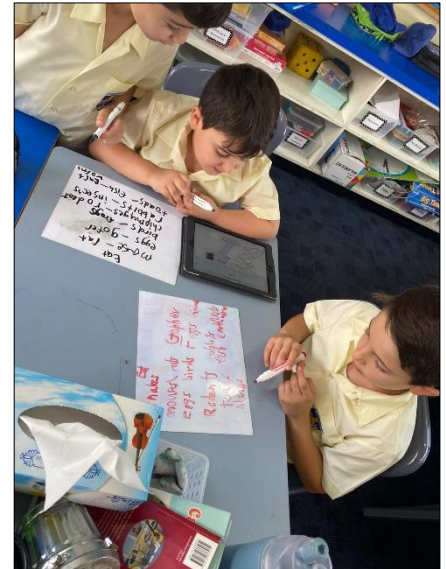
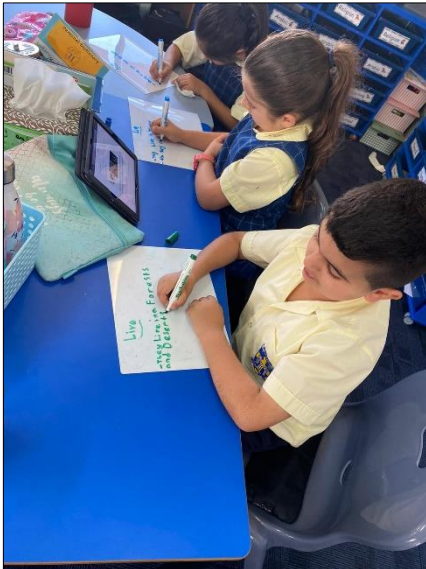




## Fun in the Learning Centre



1 Green students research information on snakes as a part of their shared reading text.



There's never a dull moment during Thursday Sport! A friendly game of Dodgeball is a great way for students to expel some energy.





For the past two weeks, various teams from Year 7 to Year 10 have been competing in the 2020 MCHF Cup, but there can only be one winner... Congratulations to Big Khritiz FC (Year 10) who defeated The Goats FC (Year 7) 2 -1 with a golden goal/sudden death winner after scores were tied at 1-1 after full time. We look forward to next year's expanded edition and hope to see more teams play football, the world's beautiful game!



## PARENT CORNER

### Important information regarding Non-Medicare Medical Expenses Claims Process

All claimable expenses should first be submitted through your Private health insurance. Chubb may pay the outstanding difference after your rebate subject to the terms and conditions of the Policy.

Please be advised that the Policy does not cover medical expenses that attract a partial or full Medicare rebate. This includes the "Medicare Gap" and any invoice items listed under the Medicare Benefits Scheme.

**Cost of GAP, if any, has to be met by the parent/guardian.**

Examples of expenses Chubb typically cannot pay include:

- Hospital surgery
- X-rays and Ultra sounds
- Doctor's fees, Specialist consultations and Anaesthetists

**It's that of year again where the canteen has their annual Christmas raffle.**

**All you have to do is order lunch for your child/ren...**

**Every time you place a lunch order, your child's name will go in the draw to win this fabulous**

**Christmas Activity Pack.**





#### **Term 4 Live Parent Webinars + Q&A with Elevate Education**

We're excited to announce that parents of MCHF have exclusive access to Elevate Education's Parent Webinar Series: **Empowering Parents to Reinforce Study Skills at Home.**

#### **Topics Covered:**

<https://get.elevatecoaching.info/au/register/>

**Event Title:** Elevate Education – The Exam Homestretch

*Developing a pre-exam roadmap with your child to maximise their chances of success and keep overwhelm at bay.*

**Date:** Wednesday 18th November

**Time:** 6pm (AEDT)

**Duration:** 1 hour

**Cost:** Free

**Wednesday 2<sup>nd</sup> December – Technology:** Understanding the impact of technology on your child's habits and how to develop techniques for responsible device use.

**Register here:** <https://get.elevatecoaching.info/au/register>

**Webinar Format:** The webinar will run **online** from **6pm–7pm**. The webinars are live, where the Presenter will share Elevate's key research and skills, plus answer questions so parents can get the specific tools they need.

**To contact Elevate directly you can:** Call 1300 667 945, Email [auscoaching@elevateeducation.com](mailto:auscoaching@elevateeducation.com) or head to <https://au.elevateeducation.com>

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Dear parents and friends, we are constantly looking into ways to ensure our College environment remains a safe place for all to enjoy. College staff, students, parents and visitors are encouraged to report any hazards they may see while on campus grounds. In order to make this reporting process a little more accessible we have created an eform in our SkoolBag App. As always we look forward to working closely as a College community.

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**If you have changed any of your contact details, including your email address, please remember to *make the change/s through the parent portal.***

**This is extremely important, especially at this current time, as you will receive important documentation and urgent messages via email.**

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It is imperative that road rules are obeyed during drop off and pick up times. The College expects parents who cannot locate a legal car park on the street, to park in the Church car park. Parents should then walk to collect their children from the College grounds and accompany them safely back to their vehicle. Police have been requested to patrol this area after a community complaint was received regarding illegal parking in front of the College.



**ENDS MIDNIGHT TONIGHT!!**

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